

# *better off bald*

*a life in 147 days*

by ANDREA WILSON WOODS

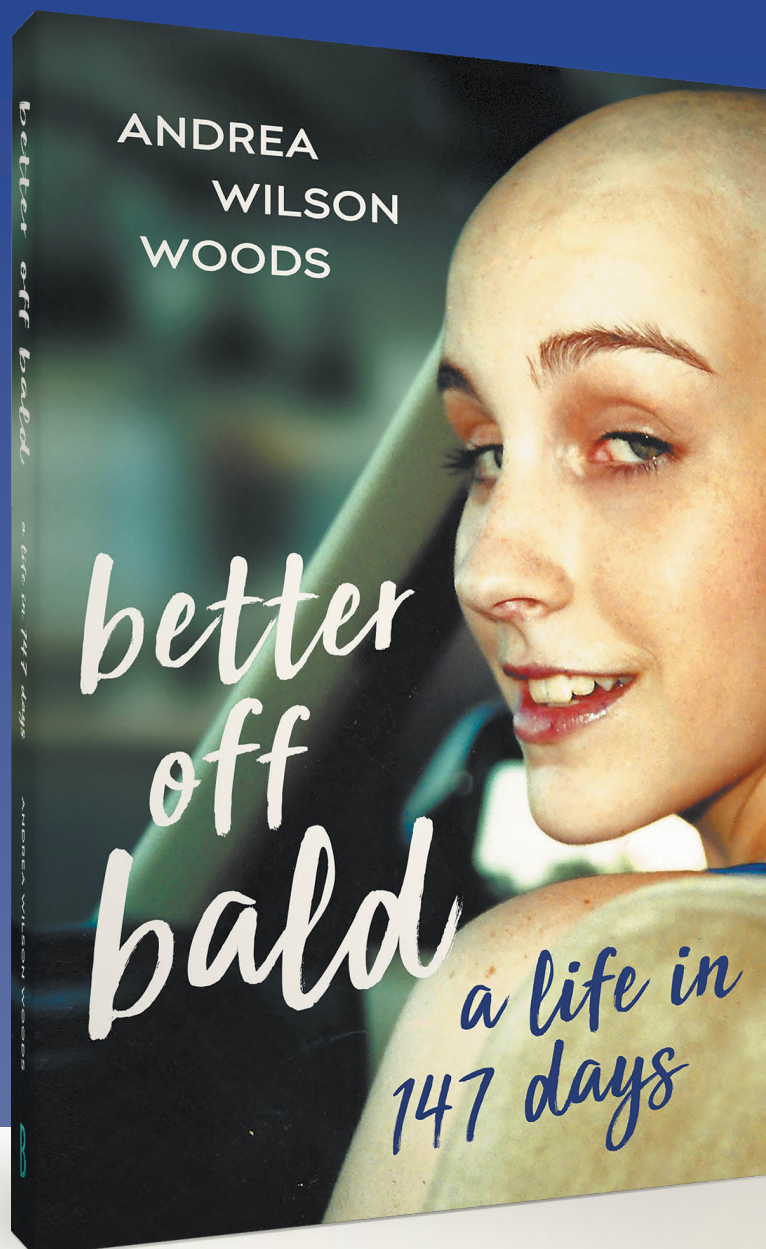
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## *About the Book*

**ADRIENNE WILSON** is a depressed, suicidal teenager—until the day she receives a diagnosis of Stage IV liver cancer. Facing the fight of her life, Adrienne discovers just how much she wants to live. In *Better Off Bald: A Life in 147 Days*, Andrea Wilson Woods chronicles her sister's remarkable life, from the time she was born to the day she dies at age fifteen. Written like a journal, Andrea takes the reader inside her and Adrienne's journey explaining how she gained custody of Adrienne from their mother and how the sisters' relationship evolved over time. Adrienne's courageous spirit shines through as she squeezes more life into 147 days than most people do in a lifetime. From meeting Jay Leno to spending the day with Dave Navarro of Jane's Addiction, Adrienne makes every moment count. As she lay dying, Adrienne teaches Andrea how to live.



## About the Author

**ANDREA WILSON WOODS** is a writer who loves to tell stories and a patient advocate who founded the nonprofit Blue Faery: The Adrienne Wilson Liver Cancer Association. Andrea is the CEO and co-founder of Cancer University, a for-profit, social benefit, digital health company. With Cancer U, Andrea synergizes her talents of coaching, writing, teaching, and advocacy. For over ten years, Andrea worked in the education field as a teacher and professor for public and private schools as well as universities. Andrea obtained her master's degree in professional writing from the University of Southern California; her nonfiction writing has won national awards.

*“Better off Bald paints such a vivid picture of the complexity of cancer, and the real-life challenges of living in the moment and how people think and react to every changing scope of their new reality. The author captures the reader’s heart and attention with clarity and grit. There is so much in Adrienne and Andrea’s story that makes you wish you had known them in person and feel like you already do.”* — Literary Titan

*“An incredible, wonderful, raw and true story of two sisters, one of whom is diagnosed with hepatocellular carcinoma (HCC) or liver cancer when she is a teenager and the other is an adult who is at the crossroads in her life and who is now acting as her mother, friend and guide. A tragic tearjerker that in the end leads to the death of the younger sister diagnosed with cancer.”*

— The International Review Of Books

### NOTABLE BLURB

*“Andrea tells an extraordinary story of courage and persistence, important for all patients with liver and other cancers to read. Her strength and hope continue in her perpetual fight against the disease as a tireless advocate for others facing the same devastating diagnosis.”*

— **KABIR MODY, MD**  
ONCOLOGIST, MAYO CLINIC

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### COMPARATIVE TITLES

*Being Mortal: Medicine and What Matters in the End*  
*When Breath Becomes Air*  
*Riding the Bus with My Sister*  
*A Heartbreaking Work of Staggering Genius*

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